

Summary of Projects, Finances and Highlights for 2018

Nkosinathi is dedicated to welfare for the homeless and comprises:

- providing nutritious food, regular access to ablutions and laundry service
- opportunity to speak to a counsellor or social worker, family reunification
- education on addiction, and preparation for attending drugs rehabilitation

In 2018, we operated on 254 days (5 days a week) and served 46,412 breakfasts (up 14%) and 56,077 freshly-cooked lunches (up 21%). That means an average of 403 meals per day and over 100,000 in the year. Thanks to the immense generosity of those who donate food, we only had to spend 11c per meal of our money on ingredients! 9,442 showers were provided for men (up 24%) and 6,503 showers for women (up 53%!). About 1 in 3 of those who have breakfast take a shower. Second-hand clothes were distributed to 1,768 people (up 11%).

The Project Co-ordinator is Sr Cathy Murugan HF who is assisted by a team of cooks and volunteer social work interns/ auxiliaries, and hundreds of volunteers. In total, volunteers provided 2,174 sessions of work (22% by homeless people). At R20 per hour, this would be equivalent to R130,000 of labour. Volunteers came from a wide range of schools, parishes, community groups and corporates. Among the more regular were learners from St Henry's and Fatima Dominican Convent School, and adults from SVDP, Catholic parishes in Newlands East and Phoenix and Cathedral Sodalities. We also benefited greatly from the drugs education given each week by RAUF.

In addition, we work with other stakeholders concerned about the issue – NGOs, corporates, concerned individuals – in the recently-formed eThekwini Task Team on Homelessness which is chaired by our Director. This was a direct response to media advocacy on the issue led by us.

Usizo Lwethu, the DHC Clinic operates in four different ways:

- primary healthcare to refugees and the urban poor at the Afrisun Clinic in the DHC
- outreach healthcare (since June, from a mobile clinic) to homeless people around Durban
- outreach healthcare from a converted container in the grounds of Dalton Beer Hall
- provision of a pre-school for 16 children at Dalton.

18,146 consultations were provided at the Afrisun Clinic (down 8% on 2016 but still an increase of 7% since we started). Of these, 48% were to refugees (even higher than before). 28% were to patients aged under 21 (including 16% aged below 5). 4 women were seen for every 3 men.

There were 6,178 outreach consultations (on the streets and at Dalton) – down from the peak of the previous year but still an increase of 58% since we started. 4 men were seen for every 3 women. The patients are predominately adults, yet 10% were aged under 20. Almost 90% of those seen in the Community are South Africans. 25% of outreach patients showed signs of addiction to whoonga – though this is a notoriously difficult feature to measure consistently.

Voluntary Counselling and Testing for HIV (VCTs) were given to 2,160 people (equally men and women). Reactivity rates continue to be lower year-on-year but remain significantly higher for women (23.0% of those tested are HIV+) than for men (13.8%). (HIV tests are provided from Government sources). For reasons of limited capacity, we do not initiate or dispense ARV therapy but instead refer (or accompany) HIV+ patients to Government clinics. We do provide a Daily Observed Treatment Service (DOTS) for some homeless people. (A 3rd party NGO that was dispensing ARVs to adherent patients operated successfully from the DHC for the year but has been struggling to pay rent).

In total, the clinic saw 26,484 patients (down from 2017 but still an increase of 12% since we started). This is equivalent to 110 patients for each of the 241 consulting days of the clinic. All staffing costs are covered by the DHC. From Q4 of 2018, we have been receiving significant funding from the US Government for health education for refugees and HIV support for homeless people. For the 2nd year, we received medicines from Government and other sources – approximately R208,000 worth of medicines from the eThekwini Department of Health (down 37%), R46,000 of medicines from Aspen Pharmacare (up 128%) and R19,000 from Illaymed. In addition, we purchased R230,000 of medicines.

The Project Co-ordinator is Ruth Birtwhistle SRN who is supported by a fully paid team comprising two more nurses, five community health workers, a social worker, pre-school teacher and a driver. In addition, there is regular and irregular volunteering by SA and overseas doctors.

Economic Empowerment has continued to learn, via trial and error, which programmes are suitable and actually deliver financial gain to the homeless. Programmes of car washing, street cleaning, and street sales of snacks have not been very successful. The **PaperMoney** project (in collaboration with Urban Lime Property and Independent Newspapers) created significant awareness. But the low number of papers sold, and the cost of supporting it, means that it is not sustainable on a large scale. A new project of selling second-hand books (in partnership with Hashtag Books) has been hugely successful in gaining awareness (at the Playhouse, ICC, shopping malls) and raising income for the vendors (almost R40,000 of books sold in 6 months!). **Send Me** seeks to connect the demand for casual labour with a reliable supply of trained homeless people. It has been very positive for the clients who have employed teams, but more clients are needed. Through the year, we also provided access to a fully enabled computer room with coaching and assistance for those who needed it.

The Project Co-ordinator is Stuart Talbot who is also overseeing **Civic Empowerment**. This is a new area focused at the moment on enabling homeless people to register as voters. Their enthusiasm is, however, stalled by the fact that so many do not have ID's and the failure (so far) to persuade Home Affairs to reduce the cost of a replacement ID. A further element of this project is educating homeless people about their political and civic rights in collaboration with UKZN Street Law.

Disability Empowerment is a new area thanks to our partners iCan/ Khulisani through whom we have provided paid employment/ training for 14 people. Our blind tour guide, Thembi Langa, is now famous. We have young people with cerebral palsy and learning difficulties working in various areas. Our first team of 9 deaf young adults (under Amanda Clyde) have now been trained to run St Augustine's Café.

(Note that the work of **Refugee Pastoral Care**, though based at the DHC, is not part of our Trust. It spent almost R1 million in 2018 and reports directly to the Archdiocese of Durban.)

A number of **events** were carried out at the DHC during the year, usually in partnership with other organisations. Some of the key ones were:

- Street Store distribution of second-hand clothes, haircuts and manicures to over 1,000 people
- Mandela 100 a challenge to transform the CBD over 100 days via 100 ideas and a network of NGOs
- Focused events for women on Health Education (with DUT, CANSA) and Empowerment (US Consulate, Holy Family College)
- Being a host site for the International Symposium on Electronic Art
- Tibetan Buddhist Sand Mandala created at the DHC and drawing in hundreds of visitors
- Attendance at 'National Conversation on Homelessness' in Pretoria and International 'Street Medicine' Conference in Rotterdam
- Concerts with Durban Gospel Choir, Durban Chamber Choir and school choirs

The Denis Hurley Centre **Administration** consists of a Director (Raymond Perrier), Finance Manager (Errold Victor) and part-time Administrator (Leanne Banks). The building is run by a Manager (Jean-Marie Ntamubano) assisted by a Caretaker and assistant plus volunteer reception staff.

In 2018, total **funds raised** were R3.8M, an 18% fall compared to 2017 and even below the 2016 amount. We have reserves to help us cushion the variances in funding – it is just as well we paid into reserves in 2017 since we had to draw out in 2018. Recognising pressure on funding, the 2019 budget is actually set lower at R4.5M (7% lower than 2018). This still requires us to raise almost R12,300 every single day.

We benefit from a wide range of donors. In 2018, we received 23% of our funds from overseas and 77% from SA. Of this, 21% came from individuals (including the Centenary Club), 14% from renting out space in the DHC, 12% from grant-making trusts, 7% from faith-based organisations, 6% from corporates, 6% from interest, 4% from Emmanuel Cathedral and 1% fundraising events. The Clinic is our single largest area of spend (37% of what we raise) – but it is hugely efficient with each patient seen at a full cost of only R65. The cash spend on Nkosinathi is minimised by the huge amount of volunteering and donations of food. Overall, salaries were our single largest cost: they accounted for 57%—though with 22 full-time-equivalent staff that is still a very modest <u>average</u> salary of only R9,400 per person per month. After this medicines, utilities, IT, cleaning and repairs were the largest areas of spend. Audited Financial Statements are available on our website; the 2018 audited statement will be posted by mid-2019.